**How Healing Works references**

Slide: Non Pharmacological approaches to pain

* [ACP Guidelines for Low Back Pain](http://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice)- 2017
* [DoD/VA Guidelines](https://www.healthquality.va.gov/guidelines/Pain/cot/VADoDOTCPG022717.pdf)
* [Joint Commission](https://www.jointcommission.org/assets/1/6/Pain_Std_History_Web_Version_05122017.pdf)’s Pain Standards

Slide: Challenges to our current health care system

* World Health Organization: [World Health Report 2000](http://www.who.int/whr/2000/en/whr00_en.pdf?ua=1) – Health systems: Improving performance

Slide: NAM/IOM Shorter Lives, Poorer Health

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Slide: Per Capita Health Expenditures & Life Expectancy

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Slide: Joe’s HOPE Note

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Slide: Health and Wellbeing

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Slide: The Cost of Care

* Cohen SB. The concentration and persistence in the level of health expenditures over time: Estimates for the US Population, 2011-2012. Statistical Brief 449. Agency for Healthcare Research and Quality;2014.

Additional resources:

* Book: [How Healing Works](http://howhealingworks.org/) by Dr. Wayne Jonas, published January 9, 2018
* [Developing an Integrative Health Model: Who, What and How](http://drwaynejonas.com/wp-content/uploads/2017/09/IntegrativeHealthReferralGuide_09.20.17_web.pdf)
* [The HOPE NOTE: Bringing an Integrative Approach to Primary Care](http://drwaynejonas.com/wp-content/uploads/2018/01/HopeNoteGuide2018-WEB.pdf)