

# The Shift Towards Person-Centered Care

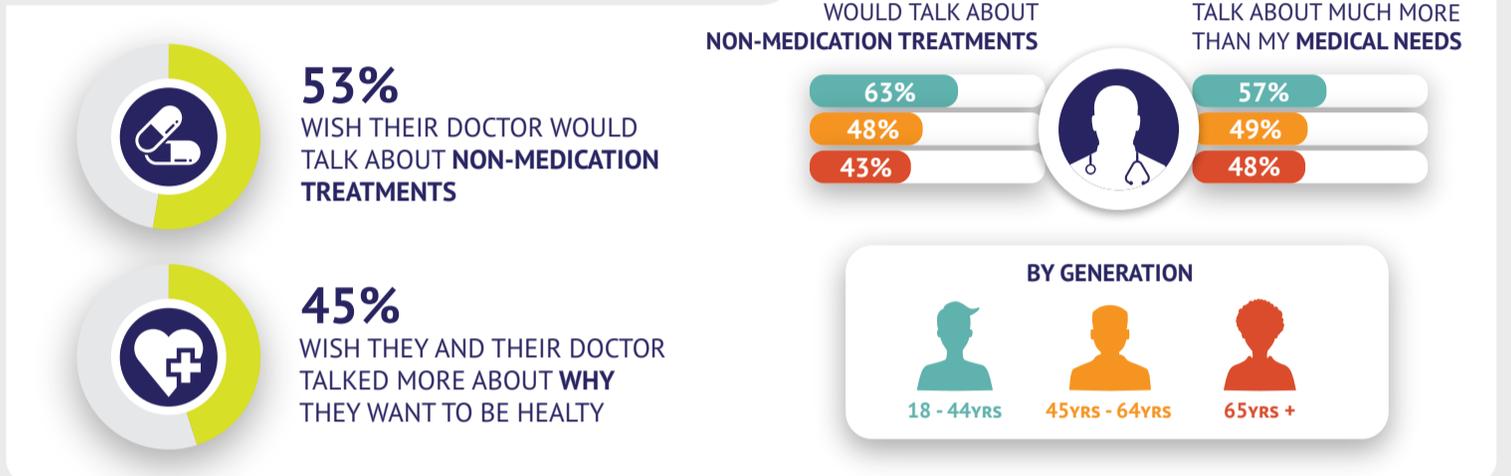
A Glimpse into Americans' Perceptions of Health and Healing



## What is Health?



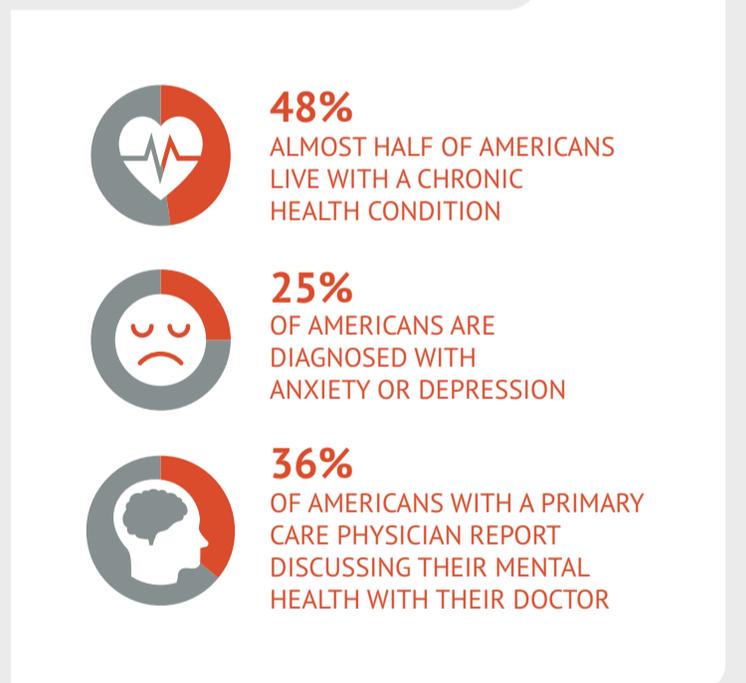
## Doctor-Patient Conversations



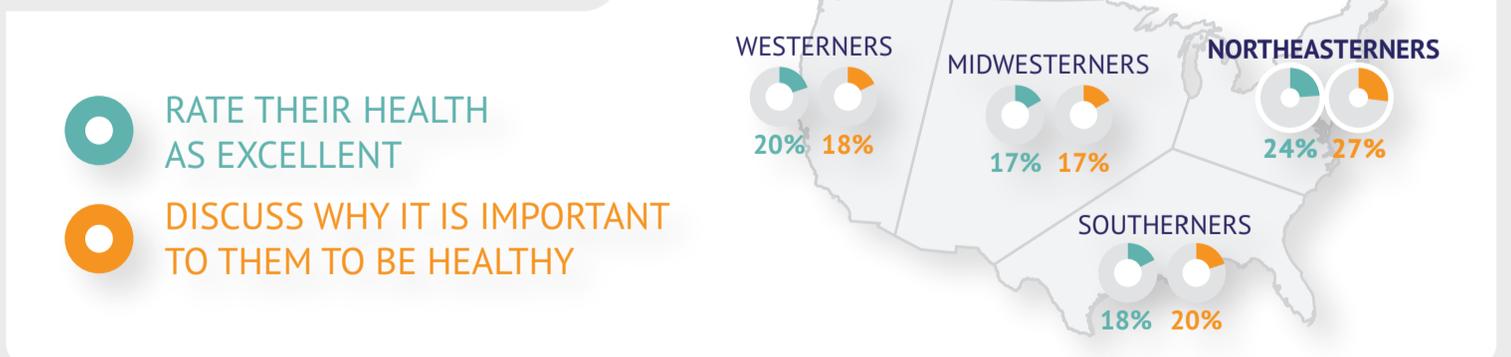
## Health Goals



## Health Conditions



## Regional Differences



For more information and resources on integrative healthcare for patients and physicians, please visit [www.DrWayneJonas.com](http://www.DrWayneJonas.com)

**About the Survey:** This survey was conducted online within the United States by The Harris Poll on behalf of Samueli Integrative Health Programs from September 11-13, 2018 among 2,027 U.S. adults ages 18+, of whom, 1,865 have a primary care doctor (PCP). This online survey is representative of the U.S. adult population but is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated. For complete survey methodology, including weighting variables and subgroup sample sizes, please contact Kathleen Petty, [KPetty@TheReisGroup.com](mailto:KPetty@TheReisGroup.com).