How Healing Works references

Slide: Non Pharmacological approaches to pain
- ACP Guidelines for Low Back Pain- 2017
- DoD/VA Guidelines
- Joint Commission’s Pain Standards

Slide: Challenges to our current health care system

Slide: NAM/IOM Shorter Lives, Poorer Health
- U.S. Health in International Perspective: Shorter Lives, Poorer Health (2013) PDF Available

Slide: Per Capita Health Expenditures & Life Expectancy

- Woolf, S. Aron, L. Failing health of the United States. BMJ 2018; 360 doi: https://doi.org/10.1136/bmj.k496 (Published 07 February 2018)


Slide: Where Health Comes From


Slide: Joe’s HOPE Note

Updated: 5/30/19

Slide: Health and Wellbeing

Slide: The Cost of Care

HOPE Note

What Providers Can Do

Additional resources:
- Book: How Healing Works by Dr. Wayne Jonas, published January 9, 2018
- Developing an Integrative Health Model: Who, What and How
- The HOPE NOTE: Bringing an Integrative Approach to Primary Care